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Service Intervals

To extend the service life of your FOX fork or shock, the best product maintenance plan you can follow is cleaning the product exterior ***after each and every ride or race***. Use mild soapy water, a very light pressure water spray to rinse, and wipe dry with a clean, dry cloth.

CAUTION: Do not use any solvents or de-greasers, as these products can damage the shock's exterior finish or its anodized parts.

Do not spray water directly on the seal/upper tube junction. **Never use a [high pressure washer](#) on your FOX fork or rear shock.**

When dirt dries onto the fork upper tube or shock body, it will chafe and damage the wiper seal. With a damaged seal, dirt works its way into the fork or shock. Simple, periodic maintenance can greatly extend the service life of your FOX fork or shock.

TIP: If you ride in extreme conditions frequently (wet and muddy, downhill racing, winter riding, etc.), correspondingly the service intervals should be more frequent.

Rear Shocks

service item	new	each ride/race	every 30 hours	every 100 hours/annually
set sag	X			
check sag; reset if necessary		X		
set damping adjustments	X			
<i>clean shock exterior with mild soap and water only; wipe dry with soft towel</i>		X		
air sleeve maintenance (FLOAT & DHX Air shocks)			X	
clean and inspect bushings & reducers			X	
suspension fluid service (must be performed by FOX Racing Shox or Authorized Service Center)				X

Air Spring Forks (All 32, 34, 36 FLOAT, TALAS, and DRCV)

service item	new	each ride/race	every 30 hours	every 100 hours
set sag	X			
check sag; reset if necessary		X		
set damping adjustments	X			
<i>clean exterior of fork with mild soap and water only; wipe dry with soft towel</i>		X		

inspect dropout thickness (9 mm)	X	
inspect bushings	X	
change oil in lower legs		
Visit the FOXHelp service site for more service procedures information.	X	
change FLOAT fluid in air chamber of FLOAT forks.	X	
change FLOAT fluid in air chamber TALAS and DRCV forks.		X
service damper: 32, 34, and 36 FIT; open cartridge (OC) and Terralogic®		X

Coil Spring Forks (36 VAN & 40)

service item	new	each ride/race	every 30 hours	every 100 hours
set sag	X			
check sag; reset if necessary		X		
set damping adjustments	X			
<i>clean exterior of fork with mild soap and water only; wipe dry with soft towel</i>		X		
inspect bushings			X	
change oil in lower legs				
Visit the FOXHelp service site for more service procedures information.			X	
service damper: 36 RC2, 40 RC2				X



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